

Pěkné prázdniny

Nice Holidays with orienteering in Bohemian Paradise

BULLETIN: TECHNICAL INSTRUCTIONS FOR COMPETITORS

COMMON INFORMATION FOR ALL STAGES

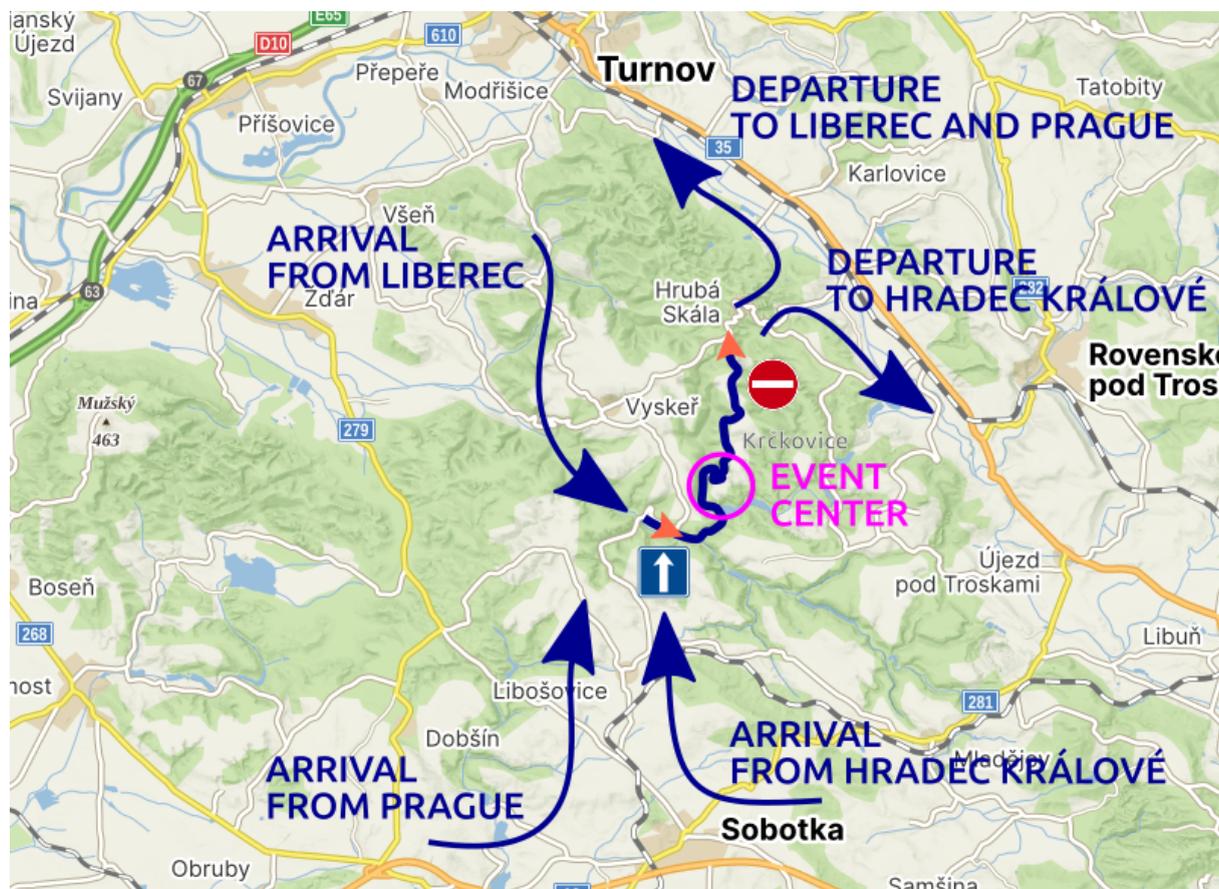
Program:	E1	Friday	25. 8. 2023	middle	start 00 = 3:00 pm
	E2	Saturday	26. 8. 2023	long	start 00 = 10:00 am
	E3	Sunday	27. 8. 2023	middle	start 00 = 9:30 am

Organizer: OOB TJ Turnov (TUR)

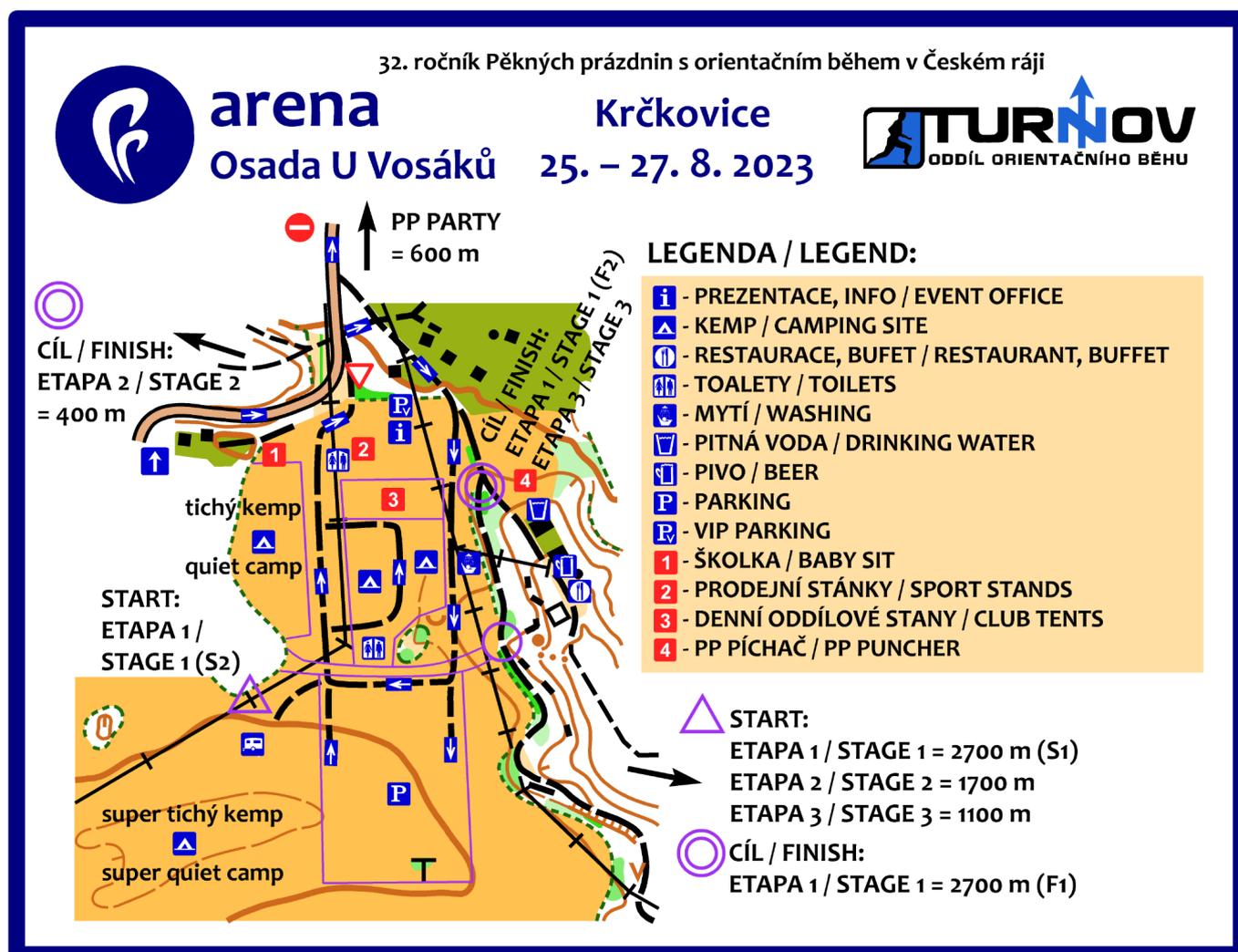
Event Center (EC): Hrubá Skála - Krčkovice, camp 'U Vosáků'

GPS: 50.5196972N, 15.1873094E (<https://mapy.cz/s/lolubovegu>)

Arrival: Main road in Krčkovice will be one direction only (more info on the map below). Arrival from Turnov through Vyskeř, arrival from other directions through Sobotka city.



Event Center Organization:



Parking: in the Event Center
Parking fee is 100,- CZK for all 3 days, also cars that park in the camp - fee will be charged after arrival.
GPS: 50.5196972N, 15.1873094E (<https://mapy.cz/s/lolubovegu>)

Registration and info point: Wristbands will be provided at the registration desk. We kindly ask all participants accommodated in the camp to wear them in a visible place. Wearing of wristbands will be randomly checked by the organizers.

Registration desk open hours:

Friday 25. 8. 2023 13:00 – 2:30 pm Event Center

Saturday 26. 8. 2023 8:30 – 9:30 am Event Center

Sunday 27. 8. 2023 8:30 – 9:00 am Event Center

Please register all participants from your club at once.

Accommodation: The organizer provides the camp for participants in camp 'U Vosáků', in their own tents or RVs. There is a possibility to park a car next to a tent. Accommodation fee is 200,- CZK per person for whole time of competition, payment at the registration desk.

On Friday tents can be pitched from 12:00 am. Basic sanitary facilities, makeshift showers, sales and refreshment stalls will be available.

- Camp will be divided for loud, quiet and super quiet, please be considerate of others and respect type of camp
- There are no 230V sockets available in the campsite.
- No fire making in the camp and surroundings!

Accommodated will be distinguished from non-accommodated by a wristband.

Washing: There will be washing troughs with drinking water and makeshift showers in the Event Center. It is prohibited to use non-biodegradable detergents!

Catering: **External catering:** tortilla wraps, quesadillas, burgers in few options, grilled sausages, gnocchi, French pancakes, desserts, soups

Event catering: hot dogs, small snacks, beer, non-alcoholic beer, soda

Please bring your own cups and help reduce the amount of waste produced. There we'll be additional fee for plastic cups (5,- CZK / pc)

Babysitting: In the children's corner near the event center, only for necessary time of your race.

First aid: Pre-medical first aid available at the info point and at the finish.

Control descriptions: Only in the EC, situated on the info-board.

Punching system: SportIdent for all stages. The SI units will be set to contactless beacon mode, including finish line. The SIAC-test unit will be located at the start. In case of malfunction of electronic punching, you have to punch manually to the "R boxes" on the map. In this case, the map must be returned immediately to the organizers at the finish. Please check your SI number with the number provided on the startlist. In case of discrepancy, ask for a correction on the registration desk. In case of loss of hired SI card, an amount of CZK 1,000 will be charged.

SI reading: Available in the EC. Please read your SI card immediately after returning from the race.

Preliminary results: The preliminary results will be posted on the info-board after the finish of each stage. Live results from all stages will be available on-line at <https://liveresultat.orientering.se/>, local Wi-Fi and TV screen in the EC.

Regulation: The event is regulated according to ČSOS rules. Winning times according to the competition rules of ČSOS. Courses of stage 2 (long distance) will be approx. 20% shorter.

Key for result evaluation: : Determining the overall ranking of a competitor in the class is given by a simple sum of time from all three stages.

Prize giving ceremony: On Sunday, August 27, 2023 at about 2:30 pm in the EC. The first three competitors from all classes will be awarded. In the HDR and D/H10L classes, all participants will receive a small prize at the end of the ceremony.

Prizes for winners: First three competitors in all categories will receive a diploma and material prizes from the organizer and sponsors of the race.

Protests: With a deposit of 200 CZK to the main referee of the stage. Protests against official results may be delivered to the following address: OOB TJ Turnov, Skálova 207, 511 01 Turnov.

Jury: Vojtěch Illner - DKP, Jitka Sokolářová - SOK, Marek Novotný - TJN

Other:

- Way to the start is marked by blue-white ribbons.
- The HDR and HD10L courses are marked by red-white plastic ribbons
- HDR class has 2 maps available for both children and accompaniment. Accompaniment must first complete their own race and then the HDR class, not the other way around.
- Maps will not be collected at the finish. Please, keep fair-play!
- Ways to starts, from finishes and whole competition area are in favourite cycling region. It can be quite crowded there, please be careful.
- Take extra care in the rocks. You compete at your own risk.
- Ownership of the map does not allow you to organize individual training sessions nor team training camps! Consult the planned activities with the OOB TJ Turnov and with the forest and PLA administrations.
- **It is strictly forbidden to use any type of shoes with metal spikes, and applies also to ankle boots with spikes!!!** Compliance will be checked at start! We do not recommend shoes with a smooth sole for any of the stages.
- Sales and promotional activities in the event center, in the vicinity of the event center, in pre-start or finish areas and along routes to start and finish are possible only with the organizer's prior approval!
- Respect the one direction only traffic.
- Please sort your waste! There are yellow bags for plastic and blue/black bags for mixed waste.

We'd like to thank:

- Leisure Center - Yellow Submarine Turnov for providing the children's camp area U Vosáků.
- PLA Bohemian paradise for allowing us to organize the event.
- Lesy ČR and Lesy Kinský dal Borgo for giving us a permission to organize this event in the forests of their property.
- Zea Sedmihorky for giving us permission to have the event center on the property in their management.
- To other private owners for giving us permission to use their meadows and forests on their property.

Thank you for coming and enjoy Nice Holidays!

Good luck in the forest and the right direction wishes you the organizing team OOB TJ Turnov!

Jindřich Kořínek
Chairman of the club OOB TJ Turnov

Kryštof Karatsiolis a Vít Zakouřil
Head of the organizing team

Web: <http://www.tur.cz/pekneprazdniny/>

<http://www.niceholidays.cz>

The competition is held in the Protected Landscape Area Bohemian Paradise. Follow the rules! IT IS STRICTLY FORBIDDEN TO USE ANY TYPE OF SHOES WITH METAL SPIKES!

ACCOMPANYING PROGRAM

- **Micro sprint** - in the part of the children's camp area will be organized a child race during all three days. Map "Osada U Vosáků" 1 : 750. As a punching system, SI cards are used.
- Saturday 26.8. - **O-RUN The Best Puncher show 20223** - More information below.
- Saturday 26.8. - **PP Party**
 - Concert of orienteering runners and musicians Tonda Švarc, Marda Novotný, Vojta Illner and David Pustai and a music band NosePeageons
 - start at 7 pm in the Krčkovice village square (GPS: 50.5246406N, 15.1865067E - <https://mapy.cz/s/haguzecute>)
 - Nice Holiday's competitors have a free entry
 - Refreshments to be purchased at local firefighter's base and in the adjacent pub.
 - The end of the concert is expected in the early morning hours.

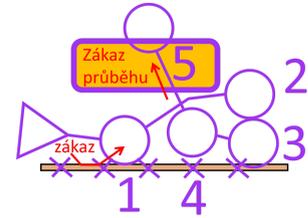
STAGE 1 – Middle distance

Friday 25. 8. 2023

- Start:** 00 = 3:00 pm
Interval start, HDR class has a free start from 3:00 pm to the time of the last starting competitor according to the starting list for the respective stage.
Distance EC - start 1: 2700 m.
Distance EC - start 2 (HDR/DH10L/DH10/DH12): 0 m.
- Mapa:** **Trosky and Krčkovice**
Scale 1:7 500 for all classes.
Contour interval 5 m
Mapping standard ISOM 2017-2
Mapped in summer 2023 by Z. Lenhart, L. Pecháček, P. Matula, maps are waterproof (pretex)
Special map symbols: green circle – prominent large tree, green cross – root stock, brown triangle – small plateau, black cross - tourist shelter or triangulation pole
- Finish:** Distance Finish 1 - EC: 2700 m.
Distance Finish 2 (HDR/DH10L/DH10/DH12) – EC: 0 m.
Time limit 90 minutes
- SI reading:** Please read your SI immediately after returning from the race. Deadline for reading is 8:20 pm.
- Terrain:** **Trosky:** rocky, rugged, steep hills with rocks and cliffs, map-wise and physically demanding.
Krčkovice: Meadow in the surrounding of the camp and the forest around with rocks and cliffs.
- Course setter:** Alena Dlabajová, Tomáš Dlabaja (both R3)
- Controller:** Jindřich Kořínek (R2)

Warning:

- There are two starts, most of the categories have start 1, that is 2700 m far. Categories for the youngest have start in the event center.
- The way to the start 1 is marked with blue-white ribbons, the way from the finish is the same. Start and finish are right next to each other.
- The way to start and from the finish follows a cycling road, please be careful.
- There will be mobile toilets and drinking water right next to the start 1. Please don't use other mobile toilets on the way.
- There are high cliffs in the competition area. Be careful. You compete at your own risk.
- Attention, some controls are located close to the Out-of-bounds areas.
- In the competition area is located a road marked by purple crosses (711 Out-of-bounds route). It is neither allowed to run on it, nor along it. Symbol 708 Out-of-bounds boundary (thick purple line) is used around the forbidden meadow. It will not be marked in the terrain. It is allowed to run along the fence on the meadow along the edge of the forest.
- **Pay close attention to the sequence of control numbers. Carefully read codes of the controls, courses have several crossings and there is a big number of controls in a relatively small area, often close to each other (within the rules)**



Embargoed areas:

- Strict ban on entry to private land and all fences. Forbidden areas are drawn on the map with purple hatches (709 Out-of-bounds area) and will be bordered in exposed places by tape and randomly guarded by the organizers. Entry into such areas will lead to disqualification and damage to the forest will be handed over to the management of the Bohemian Paradise PLA.
- **Symbol 708 Out-of-bounds boundary (thick purple line) is used around the forbidden meadow. It will not be marked in the terrain. It is allowed to run along the fence on the meadow along the edge of the forest.**
- There is also a ban on entry to all private lands marked on the map with the symbol 520 - Area that shall not be entered.

STAGE 2 – Long distance Saturday 26. 8. 2023

- Start:** 00 = 10:00 am
Interval start, HDR class has a free start from 10:00 am to the time of the last starting competitor according to the starting list for the respective stage.
Distance EC - Start: 1700 m.
- Map:** **Skaláček**
Scale 1 : 10 000
Contour interval 5 m
Mapping standard ISOM 2017-2
Mapped in summer 2023 by P. Matula, L. Pecháček, maps are waterproof (pretex).
Special map symbols: green circle – prominent large tree, green cross – root stock, brown triangle – small plateau, black cross - tourist shelter or triangulation pole
- Finish:** Distance from finish area to EC: 400 m. Time limit is 150 minutes.

SI reading: Please read your SI immediately after returning from the race. Deadline for reading is 4:20 pm.

Terrain: Rocky, rugged, deep valleys, map-wise and physically demanding.

Course setter: Štěpán Waldhauser (R3)

Controller: Martin Baier (R1)

Warning:

- The way to the start is marked with blue-white ribbons.
- There will be few mobile toilets on the way to start. Please use a mobile WC and do not pollute the surroundings of the path.
- There is a spring on the way to start. Any other refreshment won't be available.
- Part of the way to start follows a cycling road, please be careful.
- There are high cliffs in the competition area. Be careful. You compete at your own risk. Please warn your children as well.
- **Pay close attention to the sequence of control numbers. Carefully read codes of the controls, courses have several crossings and there is a big number of controls in a relatively small area, often close to each other (within the rules)**
- Most categories have at least one refreshment station with water on the course. It is marked in the map with the corresponding symbol.
- All classes cross a busy road. It is after the obligatory course. When crossing a road, look around before entering it.
- The way from Finnish to EC partially follows a road, please be careful. The way will be marked with red ribbons.

Embargoed areas:

- Strict ban on entry to private land and all fences. Forbidden areas are drawn on the map with purple hatches (709 Out-of-bounds area) and will be bordered in exposed places by tape and randomly guarded by the organizers. Entry into such areas will lead to disqualification and damage to the forest will be handed over to the management of the Bohemian Paradise PLA.
- There is also a ban on entry to all private lands marked on the map with the symbol 520 - Area that shall not be entered.

STAGE 3 – Middle distance **Sunday 27. 8. 2023**

Start: 00 = 09:30 am
Interval start, HDR class has a free start from 10:00 am to the time of the last starting competitor according to the starting list for the respective stage.
Distance EC - Start: 1100 m.

Map: **Věžák**
Scale 1 : 7 500
Contour interval: 5 m
Mapping standard ISOM 2017-2
Mapped in summer 2023 by Z Sokolář, L. Pecháček, P. Matula, Z. Lenhart, maps are waterproof (pretex).
Special map symbols: green circle – prominent large tree, green cross – root

stock, brown triangle – small plateau, black cross - tourist shelter or triangulation pole

Finish: Distance from finish area to EC: 0m. Time limit is 90 minutes.

SI reading: Please read your SI immediately after returning from the race. Deadline for reading is 2 pm

Terrain: Rocky, rugged, hilly, map-wise and physically demanding.

Course setter: Matyáš Štregl (R3)

Controller: Šárka Sokolářová (R1)

Warning:

- The way to the start is marked with blue-white ribbons. The way to start leads close to the competition area. Please stay on the marked way.
- There will be few mobile toilets on the way to start. Please use mobile WC and do not pollute the surroundings of the path
- There is a spring on the way to start. Any other refreshment won't be available.
- Part of the way to start follows a cycling road, please be careful.
- There are high cliffs in the competition area. Be careful. You compete at your own risk. Please warn your children as well. The most dangerous cliffs will be marked.
- It is not allowed to enter part of the competition area for nature protection reasons. These areas are marked with purple hatches on the map (709 Out-of-bounds area) and it is prohibited to enter these areas. The ideal route-choices avoid these areas.
- **Pay close attention to the sequence of control numbers. Carefully read codes of the controls, courses have several crossings and there is a big number of controls in a relatively small area, often close to each other (within the rules)**
- **Classes D/H10 have two courses marked by ribbons due to higher difficulty. It's not obligatory to follow them.**

Embargoed areas:

- Strict ban on entry to private land and all fences. Forbidden areas are drawn on the map with purple hatches (709 Out-of-bounds area) and will be bordered in exposed places by tape and randomly guarded by the organizers. Entry into such areas will lead to disqualification and damage to the forest will be handed over to the management of the Bohemian Paradise PLA.
- There is also a ban on entry to all private lands marked on the map with the symbol 520 - Area that shall not be entered.

Pěkné prázdniny

s orientačním během v Českém ráji

O-RUN The Best Puncher Show

- Date:** Saturday, August 26
- Competition system:** Two-round with free order
- Punching system:** Traditional punching with pinners, all pins must be in a cell. Card check and the final decision to be made by the main controller
- Classes:** O-RUN Best Puncher, U14 (for DH14 a younger)
- Qualification:** At any time from 2 pm to 4 pm in the EC. Fastest 16 punchers will proceed to the final. Fastest 4 young punchers (up to 14 years) proceed to the separated final U14. Each competitor has a maximum of 1 attempt to complete the race.
- Final:** At 4:30 pm in the EC. In pairs on parallel courses according to the results of qualification. If one of the finalists is not present, the next competitor in a row will participate. Complete rules will be published at the EC.
- Expected time:** 1 minute for the winner of O-RUN Best Puncher
- Entry fee:** No entry fee for Nice Holidays 2023 participants.
- Prize giving:** Right after the competition, approx. at 5:30 pm
- Main controller:** Tomáš Thoř

Prizes were provided by our main partner, O-RUN company, to whom we'd like to sincerely thank.

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ZA FINANČNÍ PODPORY
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